



# Hiking Library Discovery Guide

## Mission

- To nurture "**Global-Ready**" youths
- To foster interaction between **Western and Eastern youths and mentors.**
- To promote "**Family Value and Legacy Education**" (修身齐家治国平天下)

## Informative Videos

- **Find out more about SMC through these videos:**
- <http://bit.ly/42UnPhD>
- <http://tinyurl.com/04323SYHL>
- <http://tinyurl.com/SYHLSpeakerInsights>
- <https://tinyurl.com/246vvj52>

## SMC Mentorship Model

- **Integrated Multi-Domain Mentorship (IMDM)**
- **Exploring the Strength of Diversity:** Each hike includes participants from 8-12 different nationalities and cultures.
- **Unleashing the Power of Inspiration:** Each person is like a fascinating book with undiscovered experiences.

## Hiking and Pairing Format

- **2-4 Hikes per month; 5-8km per hike**
- **40-60 Participants** on each hike
- Mentor (M) to Youth (Y) Ratio: 1:1; **One-to-One Interaction**
- Hiking partners rotate every 1-1.5 km, offering the chance to explore 4-5 "books" in one hike.
- Pause either halfway through or at the end of the hike for a **30-minute speech** (20 minutes speech; 10 minutes Q&A)
- Four-Way Mentorship and Interaction: M-Y, Y-M, M-M, Y-Y
- Participants will be paired based on areas of interest and experience

## Youths' Notes

- Youths are encouraged to **formulate questions for mentors in advance**, ensuring effective wisdom extraction
- Youths are tasked with summarizing their learnings from the speaker and mentors, presenting a **life lesson or motto** relevant to a significant aspect of their life
- Youths are required to provide feedback on SYHL through a reflection article and/or Feedback Q&A, aiming to inspire other youths

## Mentors' Notes

- Mentors are encouraged to **prepare 1-2 main points for fruitful sharing** with fellow mentors and mentees
- Mentors' insights could inspire youths and act as a pivotal turning point in their mindset
- Mentors are encouraged to provide feedback on SYHL through a reflection article and/or Feedback Q&A to encourage more mentors to take part in the Hiking Library.

## Hiking Etiquette

- Please **refrain from using your phone** unless for urgent matters
- The exchange of mobile numbers is **optional**

## Code of Conduct

- SMC has a **zero-tolerance** policy against harassment activities towards any of its mentors and mentees. Harassment of any form is unacceptable. Please immediately alert SMC should you be the subject of harassment so that SMC can take the appropriate action.

# SMC 徒步图书馆指南

## 使命

- 培养具备“全球胜任力”的青年
- 促进东西方才华横溢的青年和导师之间的交流
- 提倡家庭价值和传承教育：“修身齐家治国平天下”

## 介绍视频

- 预了解SMC，请观看以下视频：
- <http://bit.ly/42UnPhD>
- <http://tinyurl.com/04323SYHL>
- <http://tinyurl.com/SYHLSpeakerInsights>
- <https://tinyurl.com/246vvj52>

## SMC导师分享模式

- “IMDM”：综合多元领域导师制度
- 探索多元力量：每场徒步汇聚来自8-12个国家和文化背景的参与者
- 发掘启发的力量：每位参与者都如同一本独特而有趣的书籍。他们分享的博学经验能够为其他参与者带来启示。

## 徒步形式与分组方式

- 徒步的频率与距离：每月举办2-4场、徒步距离约5-8公里
- 每场徒步仅限40-60名参与者；导师/青年的比例是一比一，提供一对一的交流机会
- 每徒步1-1.5公里交换一次沟通伙伴；因此每个参与者在徒步中都有机会“阅读”4-5本“书”
- 徒步中途或即将结束时，参与者将停下来聆听演讲嘉宾的30分钟分享（其中包括20分钟的演讲和10分钟的问答环节）
- 四种分享指导与互动形式：导师-青年，青年-导师，导师-导师，青年-青年
- 根据参与者的经历与感兴趣的领域进行导师与青年的配对

## 对青年的温馨提示

- 青年可在徒步前思考想向导师请教的问题，以在1-1.5公里的徒步过程中充分学习导师的经验
- 青年可结合个人理解，记录从演讲嘉宾和导师处获取的智慧，并总结出对于人生启示或座右铭
- 青年们将被邀请撰写感想和/或对青年徒步图书馆活动进行反馈，以激发更多青年的参与

## 对导师的温馨提示

- 导师可提前准备1-2个分享要点，与青年和其他导师进行深度交流
- 导师的分享有可能深刻启迪青年，甚至成为他们思想观念的关键转折
- 我们鼓励导师通过撰写感想和/或对青年徒步图书馆活动进行反馈，以激励更多导师参与徒步图书馆

## 徒步礼仪

- 除处理紧急事宜之外，请尽量避免在徒步过程中使用手机
- 交换联系方式是非强制的（遵循个人意愿）

## 行为准则

- SMC对青年和导师的任何骚扰行为实行零容忍政策。任何形式的骚扰都是不可接受的。如果您成为骚扰的对象，请立即通知SMC，以便采取适当的行动